

Yoga Teacher Training

Sacred Space Yoga is offering a 200 hour spring teacher training.

INFORMATION SESSION

Wednesday, March 7th, 7:00^{pm}

Sacred Space Yoga is centered around "living yoga" through the understanding of the 8 limbs of yoga and individualized "off the mat" experience with "seva", a personally chosen service project. Sacred Space Yoga School is a nationally registered school with Yogaalliance.

Classes begin Sunday, April 1st



Email krista@ssyoga.com
or call 970-352-1239
for more information.

sacred space
YOGA

 **Yoga Alliance**
Integrity. Diversity. Community.

I'm interested!

Yoga Teacher Training



NAME

PHONE NUMBER

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