



“Each child is perfect and whole”

Just Imagine! Children’s Yoga Teacher Training

- **Yoga Alliance Children’s yoga certification level**
- **Full Training level and completion certification**
- **Workshop level**
 - ❖ **Personal Practice: teaching from the heart**
 - ❖ **Child development**
 - ❖ **Physical and energetic anatomy**
 - ❖ **Children’s yoga: techniques, methods and application**
 - ❖ **Creative Movement Education and Improvisation**
 - ❖ **Integrative yoga and movement: Therapeutic applications**
 - ❖ **Co-creative Development of Connections to community, arts and learning**
- **October 2011 through April 2012: The first Saturday of each month**
- **At: Sacred Space Yoga in Greeley , Colorado www.ssyoga.com**
- **Instructor: Shirley Smithson: ERYT, CYT, Member International Association of Yoga Therapists, Member International Association of Creative Dance, Ed.D. and over 25 years of experience teaching**

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